

NOVEMBER 2023 - HOMELESS AWARENESS MONTH

CHALLENGE YOURSELF

CHOOSE ONE IDEA PER WEEK

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--------|---------|-----------|----------|--------|----------|---|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | | |  |

- A.** Go without electronics for one weekend day/night
- B.** Go without your preferred morning beverage
- C.** Go without washing your hair for a week
- D.** Go without changing your shirt/top for one week
- E.** Go without snacks after your last meal of the day
- F.** Go without social media for a weekend
- G.** Go without a shower for a minimum of 3 days
- H.** Find an alternative way to school or work for a week
- I.** Wear two different shoes for a week or month
- J.** Turn your thermostat down by 5 degrees for a week
- K.** Go without brushing your teeth for a week
- L.** Go without your favorite Thanksgiving dish
- M.** Take \$50, put \$30 in your gas tank, sleep in your car and use the remaining \$20 for food for the week.

HOMELESS AWARENESS MONTH

Walking In Their Shoes

Homeless Awareness Month is about education and bringing light to a difficult and painful reality far too many of us experience. As you go through the exercise, imagine not having a choice - but living with each of the options every single day...while raising a family or going to school or working a job. We invite you to *Walk In Their Shoes*...for a brief moment, then ask yourself how you can be part of the solution to address homelessness.

25% of children who age out of the foster care system become homeless

In the Plainwell School District alone, 3% of the student population is currently homeless

53% OF THOSE LIVING IN HOMELESS SHELTERS ARE EMPLOYED, WHILE 40% OF THE UNSHELTERED HOMELESS ARE EMPLOYED

40% of those living in homelessness live unsheltered - their primary nighttime residence is not suitable for human habitation

In 2019, more than 61,800 individuals experienced homelessness in Michigan....*that we know of.*

ALLEGAN HOMELESS SOLUTIONS

BREAKING BARRIERS! BRIDGING GAPS! BRINGING SOLUTIONS!

We'd like to hear about your experience.

Submit your thoughts by end of day December 4th on what it was like to

Walk In Their Shoes.

Your name may be drawn for a gift certificate!

Tell us what challenges you chose and what you learned. Email to: info@alleganhomelessolutions.org